

Colton School District is now offering an Employee Assistance Program (EAP) for all employees and their eligible dependents.

OEBB 2018-19 Plan Year

Open Enrollment Guide



Optional Benefits



Reliant Behavioral Health

OEBB offers **Employee Assistance Program (EAP) benefits** through Reliant Behavioral Health (RBH). This is a free benefit to you if your employer offers this program.

EAP helps you privately solve problems that may interfere with your work, family and life in general. EAP services are FREE to you, your dependents and all household members. EAP services are always confidential and provided by experts.

Confidential Counseling

- 24-hour Crisis Help
- In-person Counseling
- Online Consultations

Other Available Services

- Health Coaching
- Childcare Services
- Adult and Eldercare Services
- Legal Services
- Financial Services
- Mediation Services
- Home Ownership Program
- Simple Will Kit
- Identity Theft Recovery Assistance

If your employer has selected this OEBB benefit, you can access services by calling **1.866.750.1327** or going online to www.myrbh.com and using access code: OEBB.

Go to <https://www.oregon.gov/oha/OEBB/Pages/Employee-Assistance-Program.aspx> for information on how to access the EAP benefits.