

September 2018 Menu
Welcome Vikings



Everyday Breakfast offerings:

Breakfast Cereal or Granola Bar + cheese stick

Choice of: Mon/Wed. Juice or Veggie

Tues./Thurs. Fresh or canned fruit

Choice of Milk

All lunches include:

1 entrée plus vegetables and fruit from the offering cart, grain choice and

Choice of Milk

WG= Whole Grain

3	4	5	6	7
Labor Day Holiday	Breakfast: No Breakfast today Lunch: WG Corndog or Turkey & cheese Sandwich French Fries	Breakfast: Breakfast on a stick Lunch: Burger Basket Peanut Butter & Jelly Sandwich	Breakfast: French Toast Sticks Lunch: Turkey & Cheese Hoagie Tuna Salad Sandwich	Breakfast: Cinnamon Bun Lunch: Cheese Pizza w/WG Crust Ham & cheese Sandwich
10	11	12	13	14
Breakfast: Pizza Stick Lunch: Chicken Nugget w/ breadstick Peanut Butter & Jelly Sandwich Potato Salad	Breakfast: WG Apple Frudel Lunch: WW pasta w/meat sauce Build your own Salad w/roll	Breakfast: English muffin w/sausage & cheese Lunch: Cheeseburger Turkey & cheese Sandwich Seasoned Fries	Breakfast: Chocolate Chip Muffin Lunch: BBQ Pork Riblet on a WG Hoagie roll Asian Salad w/breadstick	
17	18	19	20	21
Breakfast: Waffle Sticks w/syrup Lunch: Macaroni & Cheese Chicken Caesar Salad w/breadstick	Breakfast: WG Cherry Frudel Lunch: Hamburger Basket Peanut Butter & Jelly Sandwich Basket	Breakfast: Breakfast Pizza Lunch: Ham & Cheese Hoagie Build your own Salad w/breadstick	Breakfast: WG Blueberry Muffin Lunch: Pepperoni Pizza Turkey & Cheese on whole wheat	
24	25	26	27	28
Breakfast: Cinnamon Bun Lunch: Hot Chicken Sandwich Peanut Butter & Jelly Sandwich	Breakfast: Chicken Biscuit Lunch: Baked Beefy Spaghetti Build your own Salad w/Texas Garlic Toast	Breakfast: Pizza Stick Lunch: Teriyaki Chicken w/rice Tuna Salad Sandwich	Breakfast: Apple Cinnamon Muffin Lunch: Beefy Taco Ham & Cream Cheese wrap basket	
COLTON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER				
<i>Breakfast Prices:</i> Paid- \$1.00 Reduced \$.00	<i>Milk - \$.40</i>	<i>Lunch Prices:</i> Paid- Elementary \$2.30 Middle/High School \$2.55 Reduced-\$.00		
<i>Free and Reduced Applications may be filled out at any time during the school year</i>				